

CYBER SECURITY & SAFETY

Safety Measures to Start Now:



Password Managers

What

App stores all your passwords and helps create randomized and unique passwords for every individual acct.

Why

Safest way to store and manage passwords and you are only need to remember the password to the app

Ex.

LastPass; 1Password



Two Factor Authentication (2FA)

What

Security option on most websites/ social med., sends you a # by text, email, call, or 3rd party app, to plug in when you log into your acct from an new device

Why

Verifies person logging in is you + adds a barrier to someone trying to login as you (even if they have your pass)

Ex.

3rd party app option: Google authenticator



Social Media

What

lock down your social media

Why

Ensure someone can't find or access you

Ex.

Make accounts private and unsearchable, make social media handle not real name, never post location, remove geo-tagging, don't post identifying info, use caution with friend requests



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Safety Measures to consider:



Document

What

Document EVERYTHING that is happening and info: date, time, explanation, witnesses, evidence like screen shots (include time stamps if can)

Why

helps with reporting, memory, protection orders, etc



Data Brokers

What

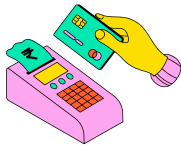
companies collect and sell public info about ppl users (addresses, phone#, age, etc.) Remove yourself from these website by google to find webpages with your info, then find the opt-out info for each website

Why

Removes your public info from someone googling you, esp. if they don't already have this info

Ex.

Whitepages.com, FastPeopleSearch, BeenVerified



Credit Protections

What

Freeze your credit with the credit bureaus for free: prevents anyone from accessing your credit reports without your approval

Why

Prevent fraud against you: creditors require credit check before approving new accounts like car purchases, credit cards, etc

Ex.

Equifax, Experian and TransUnion



Tax PIN

What

Get an Identity Protection PIN (IP PIN) through the IRS. This unique 6-digit number is assigned to eligible taxpayers to use instead of SSN and signature

Why

Prevent tax return fraud against you



Copywrite Sensitive Images

What

Copywrite images of you through the Library of Congress for \$35

Why

If someone is or has released photos of you as revenge porn, you can use legal action if your images are copywrited

WARNING: once you do this, an image becomes public information