

THE PHOENIX FLYER

OCTOBER 2010

THE PHOENIX CENTER AT AURARIA

Introducing... *Safe Space: A Support Group for Survivor's of Sexual Assault*

A new support group serving female survivors of sexual assault from all Auraria Campus institutions will be meeting on campus starting this month.

Safe Space is a psycho educational support group for survivors of sexual assault. The goal of the group is to offer a safe, healing, and empowering place for survivors to share their stories and connect with other survivors, discuss the effects of living as a survivor on all aspects of their lives,

and learn coping mechanisms to aid in the healing process.

Meetings will be held weekly on Tuesday afternoons. There will be 7 sessions, beginning Tuesday, October 26th and ending Tuesday, December 14th (excluding the 23rd of November).

The group is open to female student survivors from Metro State, Community College of Denver, and the University of Colorado Denver.



For more information or to sign up, please contact Lana Mathis, one of the group's facilitators, at lana.mathis@ucdenver.edu or by phone at the Phoenix Center main line:

(303) 556-6011.

October is **Domestic Violence Awareness month**. Since 1987,

DVAM has been recognized as a way to connect advocates and promote awareness. During this month in 1987, America's first national toll-free crisis hotline was started. Just think how far we've come, but let's not forget how far we have to go...



OCTOBER 2010 EVENTS

- **Behind the Mask: Bringing Domestic Violence Center Stage:** an event to celebrate UCD's Center on Domestic Violence's 10 Year Anniversary and raise awareness. **10/20, 5:30-7:30 pm at the Wells Fargo Theater** (700 14th Street)
- **New Moon Screening:** Come watch the film and join the discussion on relationships to follow. **10/27. Sigi's Cabaret at 6pm**
- **Love, Sex, Lies.** 10/6 - 10/7, 10 am - 2 pm in the Tivoli Multicultural Lounge.

Welcome to our new Helpline Volunteers!!

Ten new Advocates joined the group during this training session. If you are interested in attending the training in the Spring, contact Aneesha.Bharwani@ucdenver.edu

Love, Sex, Lies

Are you, or have you ever been, involved in an intimate relationship? Was/is your relationship healthy? How do you know?

Have you ever even thought about these questions? Maybe it's time you did....

Stop by Love, Sex, Lies in the Tivoli Multicultural Lounge on **Wednesday, October 6th** or

Thursday, October 7th between 10:00 am to 2:00 pm, and give yourself an intimacy check-up! Complete a relationship survey, and then chat with a trained advocate about what's healthy and what's not. After, reward yourself with some free pizza and a chair massage. Bring your friends and help spread the word!