# You Have the Right to:

- be safe at home, work, and school.
- be informed about your options and make your own choices.
- be treated with fairness, dignity, and respect at all times.
- be believed and not be blamed for the harm done to you.
- have meaningful access to the civil and criminal legal systems.
- access the resources and services that best meet your safety needs.

# **Safety Planning Tips for Intimate Partner Violence**

- Trust your instincts. You are the expert in your situation.
- Make a safety plan with trusted friends or family. A code word could let them know if you need help.
- Identify a place you can go when you feel unsafe.
- Pack an emergency bag with important documents and items you may need for a few days, in case you leave in a hurry.
- Write down important phone numbers and keep them in a safe place in case you cannot access your phone.
- If you have a Protection Order, always carry a copy with you.
- For additional support with safety planning, connect with a Project Safeguard Legal Advocate.



# Contact us at 720-618-3482

# Connect with us in person:

### **Rose Andom Center**

1330 Fox St., Denver, CO 80204

# **Adams County**

Room 151, 1100 Judicial Ctr. Dr., Brighton, CO 80601

# **Arapahoe County**

Room 209A, 7325 S. Potomac St. Centennial, CO 80112

# **Denver County**

Room 177, 1437 Bannock St., Denver, CO 80202

If you need immediate assistance outside of our business hours, please reach out to one of the following agencies:

- SafeHouse Denver (24/7 hotline for survivors of domestic violence): 303-318-9989
- The Blue Bench (24/7 hotline for survivors of sexual assault): 303-322-7273

## Connect with us online:

www.PSGhelps.org info@PSGhelps.org













Helping survivors of gender-based violence navigate the civil legal system

# How Project Safeguard can support you on your journey to safety

### **Understand What Happened**

Talking with an expert can help you understand what happened. It's normal to feel confused.

#### Create a Safety Plan

Legal advocates can help you assess your risk and decide what safety looks likes for you. We can work together to create a plan.

#### **Protect Your Address**

Our legal advocates can help you apply for a program that may help you keep your new address private.

# Stay Safe Online

Tech safety and privacy are often a concern. Our legal advocates can help you protect yourself from unwanted monitoring.

#### **Connect with Other Resources**

Our legal advocates can share their expertise and make referrals for additional help and resources that meet your specific needs.

#### **Get Medical Care**

Our legal advocates can connect you with medical providers who offer a range of health services.

# Safety Planning

# Legal Advocacy

Project Safeguard assists survivors of gender-based violence (including but not limited to domestic/intimate partner violence, sexual assault, and stalking) on their journey to increase safety. We provide non-attorney legal advocacy and attorney services to help our clients understand their rights and options within the civil legal system.

When you work with Project Safeguard, you will be heard, respected, and supported. This page describes some of the services we provide to help you increase safety and decide what works best for you. We know that you are the expert in your situation. We will meet you where you are and offer options and resources without judgment.

To learn more about our services, call 720-618-3482, email info@PSGhelps.org or visit us online at www.PSGhelps.org.

## **Understand Your Legal Options**

Learn about the legal options and resources available for your situation so you can make the best decision for yourself.

### **Get Support in Court**

A legal advocate may be available to accompany you to court appearances for support.

# Address Housing Concerns

Legal advocates can assist with relief from housing issues that arise due to gender-based violence, such as early termination of a lease.

#### **Collect Evidence to Build a Case**

Legal advocates can help you collect important evidence, both on your own and by connecting you to medical and/ or forensic providers.

#### Attend a Legal Clinic

We offer Divorce and Custody clinics and Civil Protection Order clinics to help you understand the process and complete the paperwork for your case.

#### **Lawyers for Victims Program**

If you have a civil protection order case, our legal advocates may be able to connect you with an attorney.